

Time to stock up on medicine cabinet essentials

It is important to check your medicine cabinet and home regularly for medications that are old, expired or no longer needed to ensure they are disposed of quickly and safely. Your local Rexall Pharmacy offers a medication take back service year-round, at no charge. Simply remove all tablets, pills & capsules from their packaging prior to bringing to the Pharmacy for disposal.

On your visit to Rexall, stock up on medicine cabinet essentials to ensure you have all the medications and supplies you should have handy for minor ailments and emergencies. Use this helpful checklist to plan your next shopping trip.

Medicine Cabinet Essentials Checklist

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|--------------------------|------------------------------------|--------------------------|----------------------------------|
| <input type="checkbox"/> | Pain Relief Medicine | <input type="checkbox"/> | Disposable Latex or Vinyl Gloves |
| <input type="checkbox"/> | Pain Relief Rub | <input type="checkbox"/> | Assorted Bandages |
| <input type="checkbox"/> | Cough & Cold Lozenges | <input type="checkbox"/> | Gauze & Surgical Tape |
| <input type="checkbox"/> | Cough & Cold Medicine | <input type="checkbox"/> | Scissors & Tweezers |
| <input type="checkbox"/> | Sinus Wash | <input type="checkbox"/> | Antibiotic Ointment or Cream |
| <input type="checkbox"/> | Medicated Lip Balm | <input type="checkbox"/> | Hydrocortisone Cream |
| <input type="checkbox"/> | Moisturizing Lip Balm | <input type="checkbox"/> | Rubbing Alcohol |
| <input type="checkbox"/> | Allergy Medication | <input type="checkbox"/> | Hydrogen Peroxide |
| <input type="checkbox"/> | Essential Vitamins | <input type="checkbox"/> | Hot/Cold Compress |
| <input type="checkbox"/> | Antacid Medication | <input type="checkbox"/> | Flexible Thermometer |
| <input type="checkbox"/> | Sunscreen | <input type="checkbox"/> | Medicine Spoon or Oral Syringe |
| <input type="checkbox"/> | Soothing After Sun Gel (Aloe Vera) | <input type="checkbox"/> | Hand Sanitizer |